



Special Feature on
WORLD NO TOBACCO DAY
31st May

MESSAGE FROM FOUNDER

The month of May was a month of scorching heat at most of the places Sanjeevani works in.

But as they say that the fire of passion surpasses all adversities. The regular activities of handholding patients and teaching them tools for leading a better quality of life and ensuring that each patient whom Sanjeevani angels touch, looks at life differently, continued at all levels.

With 31st May being celebrated as 'World No Tobacco Day', our teams decided to create a buzz around it. Our young coordinators went all for it and instead of a buzz, we ended up creating a huge VOICE.

Hordes of youngsters were motivated by our teams in schools and colleges to participate in specially curated events like Poster making competitions, Essay writing competitions, Talks on awareness of ill effects of tobacco, Creating short films on harmful effects of tobacco consumption and then the Halla Bol moments through street plays.

An amazing energy got created and people participated in big numbers to show solidarity. The most beautiful part of the whole thing was the participation of doctors and medical practitioners who held our hand and became a part of the whole awareness process.

I am ever grateful to the Directors and Doctors of Regional cancer centers we work in, for their guidance and active participation.



Ruby Ahluwalia
Founder

Sanjeevani...Life Beyond Cancer





Dr. Amal Chandra Katak
M.D.(Hons.), UICC Fellow

Director

Dr Bhubaneswar Borooah Cancer Institute

A Grant-in-Aid Institute of Department of Atomic Energy, Gol

And a Unit of Tata Memorial Centre (Mumbai)

Guwahati-781016, Assam



MESSAGE

Every year, 31st May is celebrated as World No Tobacco Day to create public awareness on harmful affects of tobacco on health. The theme for this year's WNTD is 'tobacco and lung health'. The campaign will focus on (1) the negative impact that tobacco has on people's lung health, from cancer to chronic respiratory disease and (2) The fundamental role lungs play for the health and well-being of all people.

Globally, an estimated 165,000 children die before the age of 5 of lower respiratory infections caused by second-hand smoke. Those who live on into adulthood continue to suffer the health consequences of second-hand smoke exposure leading to Chronic Obstructive Pulmonary Disease (COPD).

In India, 38.7% of adult are exposed to smoke at home and 30.2% in workplace as per Global Adult Tobacco Survey (GATS-2) Report. Though the National prevalence of tobacco consumption has dropped from 34% (GATS-1) to 28% in GATS-2, it is significantly higher in the North Eastern Region of our country. Consumption of smokeless tobacco products has increased significantly in the country which is a major public health concern. It is therefore highly important that we should protect the younger generation who are very vulnerable to initiate this habit.

I appeal to all the citizens of our country to take a pledge to make a tobacco free world for a healthy and productive life.

Dr A C Katak, M.D.(Hons.)

Director

Dr B Borooah Cancer Institute

Guwahati-16

Acharya Tulsi Regional Cancer Treatment & Research Institute, Bikaner

Dr. M.R. Bardia,
Director,
Acharya Tulsi Regional Cancer Treatment and
Research Centre, Associated Group of Hospitals,
S.P. Medical College,
Bikaner-334001, Rajasthan.



MESSAGE

I would like to thank team Sanjeevani for organizing such event and the idea of poster competition so that kids can also be involved as well as the display of poster will draw the attention of the other people visiting the hospital, he added that apart from poster the patients who are suffering from disease when share their experience this adds the authenticity of side effects shown on the posters. He said that, the motto of the celebrating this day is to draw the public attention globally to spread the message about hazardous effect of consuming tobacco and its complications on others as well. It's not only the government that will help you to leave the habit of chewing tobacco but it's you. You should value your life once you lost it you will never get it back. He congratulated team Sanjeevani for the successful execution of the event and appreciated that team Sanjeevani is always proactive on such awareness days and he is looking forward for more such events.

Dr. M.R. Bardia
Director
A.T.R.C.T.R.I., Bikaner

Message from Director, GCRI, Ahmedabad

The member states of the World Health Organization (WHO) decided to celebrate World No Tobacco Day in 1987 which is observed around the world every year on May 31. It is intended to encourage an absolute abstinence from all forms of tobacco consumption around the globe. The day is further intended to draw attention to the widespread prevalence of tobacco use and its negative health effects, which currently leading to nearly 6 million deaths each year worldwide, including 6,00,000 of which is the result of non-smokers being exposed to second-hand smoke.

To spread awareness among smokers as well as non-smokers, WHO has announced theme of this year's World No Tobacco Day is "Tobacco and lung health."

Tobacco use has long been linked to head and neck cancers, particularly in tissues through which inhaled tobacco smoke must pass. Men who smoke have a 27-times higher rate of oral cancer than men who do not smoke.

The Gujarat Cancer & Research Institute (GCRI) since its inception from 1972 is giving a tough fight against cancer and is at present listed as State Cancer Institute. GCRI has treated successfully millions of patients so far suffering from

cancer from early to advance cancer cases. GCRI is one of the pioneer institutes for not only providing excellent cancer care but also effective screening, education and awareness for public.



Ahmedabad: (source: Ahmedabad Urban Population Based Cancer Registry report 2012-13)

Tobacco Related Cancers (TRCs) accounted for 56.34% of all cancers

in males and 19.87% of all cancers in females. Among the tobacco

related cancer sites in males, cancer of the oral cavity was the most common site (36.10%) followed by cancer of tongue (20.3%) and lung (14.8). These three sites together constituted 71.2% of total TRCs. In females, cancer of Mouth alone accounted for (24,1%) of the total TRCs followed by Tongue (23.0%) and oesophagus (22.2%).

GCRI:

YEAR	MALE			FEMALE			TOTAL		
	Total Male Cancer	TRC in Male	TRC %	Total Female Cancer	TRC in Female	TRC %	Total Cancer	Total TRC	Total TRC %
2016	13173	7791	59.14	8775	1873	21.34	21948	9664	44.03
2017	13089	7788	59.50	8587	1908	22.22	21676	9696	44.73
2018	12592	7184	57.05	8127	1768	21.75	20719	8952	43.21

Only Microscopically confirmed cases are included.

*The anatomical sites associated with the use of tobacco as per National Cancer Registry Programme, ICMR are LIP, BASE OF TONGUE, OTHER PART TONGUE, GUM, FLOOR OF MOUTH, PALATE, OTHER PARTS MOUTH, OROPHARYNX, PYRIFORM FOSSA, HYPOPHARYNX, PHARYNX, ESOPHAGUS, LARYNX, BRONCHUS & LUNG and URINARY BLADDER.

*These cases are numbers of Tobacco Related Cancers. These cases are not necessarily using tobacco.

Thus, it is evident that tobacco is the single most preventable risk factor for causing cancer. Moreover, tobacco is responsible for 22% of cancer related death. To spread this message and to make people educated, World No tobacco Day should be celebrated throughout the year.

Dr. Shashank Pandya
(Ahmedabad)

Message from Dy Director GCRI, Ahmedabad



LET IT BEGIN WITH ME

Tobacco use is a leading cause of cancer and of death from cancer. People who use tobacco products or who are regularly around environmental tobacco smoke have an increased risk of cancer because tobacco products and secondhand smoke have many chemicals that damage the DNA. There is no safe level of tobacco use.

My special message to all cancer survivors & Sanjeevani team members to take a pledge to make their own home tobacco free.

Dr. Pariseema Dave

**Message from Principal and Controller
SMS Medical College & attached Hospitals
Jaipur**



“ The Efforts put by Sanjeevani for Cancer Awareness Exhibition was heartening. The posters created by small children are praiseworthy. I compliment working of Sanjeevani for such a noble cause ”

Dr. Sudhir Bhandari

FACULTY SPEAK



BHAVISHA SANADHYA

Bhavisha Sanadhya is an Art Based Therapy Practitioner and Educator with two decades of experience of working in the health sector with patients and their caregivers. She is the founder of a non-profit organization called Guidance and Care Foundation. Its mission is to offer Art Based Therapy sessions for patients and caregivers and to train professionals to heal with love and compassion.

Her sessions are designed using different art forms like visual art, music theatre, movement, story, games and much more. This encourages the patients and the caregivers who engage in the sessions to express their emotions freely and also to occupy their minds in a joyful, colorful, and imaginative world.

Each batch that enrolls for Sanjeevani's Wellness Program is unique. Some love the rhythm sessions, some love the web of stories and some love to play games.

"It gives me immense satisfaction and pleasure to see the smiles on their faces, to see them forget about their pain and to see a room filled with laughter," when asked how she feels working in Sanjeevani.



MUMBAI CHAPTER

COMMUNITY AWARENESS PROGRAM AT DHARAVI

Team Mumbai spent their time among the residents of Dharavi, educating them about our organization, how the use of tobacco and related products like guttka, beedi, masher can cause mouth cancer, head and neck cancer, lung cancer, and throat cancer.

Participants were also made aware of the signs and symptoms of oral cancer like red and white patches in the mouth, burning sensation in the mouth, unable to open mouth fully.

They also told them about the signs and symptoms of breast cancer and ovarian cancer.

Over 50 participants attended the workshop and thanked the Sanjeevani team members profusely for taking this initiative of visiting communities and conducting awareness programs.

Hey did you know: World No Tobacco Day was created in 1987.



© F5 Youth



DPPO F5 Youth

AHMEDABAD CHAPTER

DRAWING COMPETITION AT NADIAD BALKAN – JI – BARI.

To spread awareness among children of age group 7-15, Sanjeevani in collaboration with Nadiad Balkran ji Bari organized a drawing competition on the theme "Hazards of Smoking and Tobacco consumption".

The program began with the guests sharing their views on the hazards of tobacco and smoking among the children. Among the guests who shared their views, 5 students also shared their point of view. Ms Ila Vora talked to the children about how using tobacco can effect one health.

70 students presented their drawings and the three best drawings were selected and a small prize was given.

Present were the trustee of Maha Gujarat Cancer Hospital, Trustee of Balkan-ji-bari and the Sanjeevani team.

It was a heartening moment when few of the young participants shared that they will go home and tell their fathers who consume tobacco about the hazards of tobacco addition.



AWARENESS PROGRAM ON HARMFUL EFFECTS OF TOBACCO USAGE

Team Ahmedabad held an awareness session at the wellness center. This was done to educate the women who struggle with tobacco addiction about the harmful effects of tobacco usage

Dr. Rajal Thaker (Gynecologist and Obstetrician, V.S. Hospital) and Nurse Ms Heena (GCRI) specially came to our centre to conduct this program. They informed the participants about the types of cancer caused due to tobacco usage as well as the importance of personal hygiene. It was a full house with over 40 participants.

We would like to thank Dr. Thaker and Nurse Ms Heena for coming and sharing their knowledge.



BIKANER CHAPTER

POSTER MAKING COMPETITION

Bikaner team organises a Poster making competition at Bikaner. The them was "ill effects of tobacco consumption" on the occasion of World No Tobacco Day.

For our organisation such days are as important as festivals are in any religion, we always look up on such awareness dates as an opportunity to reach out to the people and speak about our organisation's moto. Such dates recharge us to work towards our goal in a more enthusiastic way.

Present at this event were ADJ Pawan Aggarwal, Director Dr. M.R Bardia, Dr. Neeti Sharma, Dr. Shankar Lal Jakhar. This event was one of our most successfully executed event because in this event we were able to gather gentry of every age group. It had kids, patients, regular hospital visitors, hospital staff. Posters were the highlight of the event. Apart from doctors and patients interaction on the side effects of tobacco on them and their family created a huge impact on the listeners.

Dr. Sharma said that tobacco gives you pleasure for a while but these are the only products that will take your life away. The hazardous effects can be seen in all age groups.



GUWAHATI CHAPTER

Essay Competition on Remedies to Tobacco Consumption in India

Team Guwahati held an open essay competition on 'Remedies to Tobacco Consumption in India'.

The winner Mr. Suraj Jyoti Changkakoti, wrote about his own story and his father's struggle with tobacco consumption. He also gave the reason to tobacco consumption, statics and remedies on an individual and social level. He says strong will power and yoga is important on an individual level. On society level he suggests more Ngos, the role of tobacco companies in bringing awareness and the role of parents and colleges. A very special award was given to Ms. Minati Roymedhi who is a retired teacher. Her essay was entitled the ' Story of Tobacco.'

The awards were handed over to winners by Dr Kataki, Director of BBCLin a glittering function. Congratulations to Suraj Jyoti Changkakoti, Bedanta Upadhaya and Moonme Baruah.

Hey did you know: Tobacco consumption in India is the highest in the six north-eastern states of Mizoram, Meghalaya, Manipur, Nagaland, Tripura and Assam: On average, 70.7% men here use tobacco in some form or the other. Mizoram tops the north-east list.



GUWAHATI CHAPTER

HALLA BOL ... AGAINST CANCER

Team Sanjeevani in collaboration with volunteers and cancer club members from Royal Global University, Dispur College, Ustm and Pragjyotish College organised Street plays all across Guwahati to create awareness and conversations around the effects of tobacco consumption.

The plays were of 11 scenes with a song in Hindi between every scene. They were mostly on Gutka, Cigarettes, Betel nut, Marijuana, Relation between smoking and pregnancy. It was very well received by the public and the police.

We would like to thank the police for the permission and support and encouraging words, the interns and volunteers and cancer club members.

Hey, did you know: There are approximately 120 million smokers in India.



GUWAHATI CHAPTER

SHORT FILMS

To create awareness on harmful effects of tobacco and allied products our Team at Guwahati took the brilliant initiative of creating short documentaries that could be used for mass awareness programs.

Penned and directed by our very own Sumki Begum, she and her team of Interns from Royal Global University and members of Guwahati's Can Clubs created four short films to create awareness on ill effects of consumption of Gutka, Betel Nuts, Smoking Marijuana.

These films have been hosted on our YouTube Channel and Facebook page. In a short span of a week these films have recorded viewership of over 2000 views. A fantastic feat for a subject as dry as cancer.

Please visit <https://www.youtube.com/user/SanjeevaniLBC> click on the link to watch these and more videos. Please do subscribe to our channel

We would like to thank all our volunteers for their hard work and dedication in spreading awareness

Hey, did u know: Nearly 9 out of 10 smokers start before the age of 18 and almost all start smoking by age 26.



I am fine, what about you? Long time no see


Say no to Smoking a short film by #SanjeevaniLifeBeyondCancer on occasion

357 views

65 2 Share Download Save

SanjeevaniLBC
1.9K subscribers

SUBSCRIBE



Smoking is Injurious to Health

Riya! Where are you coming from?

Women's health, Smoking and Pregnancy.. A short film by #SanjeevaniLifeBeyondCancer

657 views

42 1 Share Download Save

SanjeevaniLBC
1.9K subscribers

SUBSCRIBE

GUWAHATI CHAPTER

NEWS Collage of Guwahati

Retired teacher awarded for article on tobacco Correspondent



Minati Roymedhi receiving the award

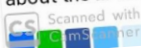
JORABAT, May 31 - Minati Roymedhi, a retired teacher based in Guwahati was awarded a special prize by Mumbai-based NGO Sanjeevani Life Beyond Cancer for her essay on tobacco titled The story of Tobacco.

Roymedhi was given the award at a programme organised at the Dr B Borooah Cancer Institute (BBCI)

by Dr AC Katak, Director of BBCI in the presence of Brig Yogendra Singh, Commandant of 151 Base Hospital; Dr Abhijit Sharma, Director of Indian Institute of Entrepreneurship and cinestar Kapil Bora.

Programme executive of Sanjeevani Sumki Begum said that the reason behind awarding Roymedhi, who was a history teacher by profession, was to encourage and motivate others to come forward to help create a tobacco-free environment and help in the fight against cancer.

In her speech, Minati Roymedhi said more such programmes should be organised to create awareness about the ill-effects of tobacco among common people.



খানাপাৰা খেলপথাৰত আন্তৰ্জাতিক যোগ দিবসৰ ব্যাপক প্ৰস্তুতি প্ৰশাসনৰ

মহানগৰ বাৰ্তা, ৩০ মে' : কামৰূপ মহানগৰ জিলা উপায়ুক্ত বিশিষ্ট পত্ৰৰে আজি তুৱাহাটী আবেৰ্ত ভৱনত অনুষ্ঠিত এক সভাত জিলা প্ৰশাসনৰ শীৰ্ষ বিষয়াসকলৰ লগতে বিভিন্ন বিভাগৰ জিলা মূৰব্বী বিষয়াসকলৰ সৈতে লগ হৈ ২১ জুনত উদযাপন হ'বলগীয়া পঞ্চম আন্তৰ্জাতিক যোগ দিবসৰ সৈতে জড়িত বিভিন্ন বিষয়ৰ আলোচনা কৰে। সভাত আন্তৰ্জাতিক যোগ দিবস সফলমন্ত্ৰিত কৰি তোলাৰ বাবে জিলাখনৰ বিভিন্ন বিভাগে পালন কৰিবলগীয়া দায়িত্ব আৰু কৰ্তব্যৰ বিষয়ে বিত্ৰুতভাবে আলোচনা হয়। উল্লেখ্য যে এইবাৰ আন্তৰ্জাতিক যোগ দিবসৰ ব্যতিক পৰ্যায়ৰ কেন্দ্ৰীয় কাৰ্যসূচী তুৱাহাটীত অনুষ্ঠিত হ'ব আৰু খানাপাৰা পথ চিকিৎসা মহাবিদ্যালয় খেলপথাৰত এই কাৰ্যসূচী অনুষ্ঠিত কৰিবলৈ জিলা প্ৰশাসনে সিদ্ধান্ত গ্ৰহণ কৰিছে। জিলা উপায়ুক্ত পত্ৰৰে সভাত আন্তৰ্জাতিক যোগ দিবস উদযাপন চক্ৰ আৰু প্ৰসংগিকতাৰ বিষয়ে উল্লেখ কৰে। সভাত দা. আয়ুস, ক্ৰীড়া, আৰক্ষী, জনস্বাস্থ্য কাৰিকৰী, গড়কাপটীয়া আদি বিভাগকে ধৰি যোগ দিবস উদযাপনৰ প্ৰস্তুতিৰ কাম-কাজৰ সৈতে জড়িত সকলো বিভাগকে জিলা উপায়ুক্তই আগলুক আন্তৰ্জাতিক যোগ দিবস সফলমন্ত্ৰিত কৰি তোলাৰ বাবে প্ৰয়োজনীয় বাৰুৱা গ্ৰহণ কৰিবলৈ নিৰ্দেশ দিয়ে।



সভাত সেনৱৰী বিকিৎ সজাগতা সৃষ্টিৰ উদ্দেশ্যে দীঘলীপুখুৰীৰ পাৰত বেজালসেনী সংঘৰ্ণনৰ বাটৰ নাট পৰিবেশন

Streetplays highlight ill-effects of tobacco

CORRESPONDENT

JORABAT May 30: On the eve of World No Tobacco Day, Sanjeevani-Life Beyond Cancer, in association with volunteers and members of cancer clubs from Royal Global University, Dispur College, USTM and Pragiyotish College, today organised street-plays across Guwahati city to create awareness on the ill-effects of tobacco consumption. The programme was su-

pervised by Sumki Begum (programme executive) for Sanjeevani-Life Beyond Cancer and the streetplay was scripted and directed by Abhijit Sarmah.

It was held in four different areas of Guwahati - Fancy Bazar, Chandmari, Central Mall, and on the bank of Dighalipukhuri.

The entire programme was funded by the Numaligarh Refinery Limited (NRL) and the Raw Gym, Ganeshguri.



One of the streetplays organised in Guwahati on Thursday on the ill-effects of tobacco use. - Photo: Jorabat Correspondent



NSS UNIT, Dispur College is with Permy Messet.

1 hour ago

Volunteer of our college with the volunteer of Royal Global, Ustm, Pragiyotish organised a street play on the occasion of Worlds No Tobacco Day

Streetplays highlight ill-effects of tobacco

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One of the streetplays organised in Guwahati on Thursday on the ill-effects of tobacco use. - Photo: Jorabat Correspondent



পঞ্জীৰনী লাইফ কেঞ্চাৰ সংস্থাই বিশ্ব ধূমপান বিৰুদ্ধে দিবস আজি উদযাপন কৰে। সেই উপলক্ষে দীঘলীপুখুৰী পাৰত আজি সংস্থাৰ উদ্যোগত বাটৰ নাট মঞ্চস্থ হয়। বাটৰ নাটত প্ৰাগজ্যোতিষ মহাবিদ্যালয়, দিছপুৰ কলেজ, বয়েল গ্লোবেল বিশ্ববিদ্যালয়, USTMৰ বিভিন্ন ছাত্ৰ ছাত্ৰীয়ে অংশগ্ৰহণ কৰে। এই অনুষ্ঠানটো আগবঢ়োৱাত সহযোগ কৰে নুমলীগড় তেল শোধানাগাৰ আৰু গণেশগুৰিৰ ব' জিমে।

JAIPUR CHAPTER

POSTER MAKING COMPETITION

To make the youngsters aware about harmful effects of tobacco and cancer, Sanjeevani_LBC Jaipur in collaboration with RADIOTHERAPY DEPARTMENT, SMS HOSPITAL organized a poster making competition. The competition was organized amongst the students of schools and colleges in Jaipur. The main motto behind the competition was to teach the young to inculcate right habits and to spread the awareness about ill effects of consuming tobacco. "Tobacco causes cancer"-this has been an opportunity to teach the kids about this. We got overwhelming response from many schools and colleges in Jaipur.

Exhibition of Posters at Radiotherapy Department :The program was inaugurated by MS, Dr. D. S. Meena and Principal and Controller of SMS Medical College, Dr. Sudhir Bhandari. The program was attended by all the doctors of Departments of Medical oncology, Radiotherapy and Surgical Oncology. The exhibition continued till two days (31st May and 1st June).

All the posters were displayed in the exhibition, still we had to decide the best one. We invited two doctors, a professor from Rajasthan University and an artist, cancer survivor himself for the judgment. Judgements were made on the basis of content, creativity and finishing. Prizes were distributed into two categories : junior and senior. 1st, 2nd and 3rd winners were felicitated in the both categories. Again there were consolation prizes in both the categories. All the participants were given certificates too.



JAIPUR CHAPTER

NEWS ARTICLE

स्टूडेंट्स ने तंबाकू निषेध पर स्लोगन लिखकर पोस्टर बनाए



सिटी रिपोर्टर • जयपुर

विश्व तंबाकू निषेध दिवस के अवसर पर शुक्रवार को 2 दिवसीय प्रदर्शनी की शुरुआत एसएमएस धन्वंतरी भवन के फोर्ब फ्लोर पर स्थित कैंसर डिपार्टमेंट में हुई। इस प्रदर्शनी में स्कूल और कॉलेजों के स्टूडेंट्स ने पार्टिसिपेट किया। स्टूडेंट्स ने तंबाकू निषेध पर कई स्लोगन लिखकर पोस्टर बनाए। स्टूडेंट्स को 2 कैटेगरी में बांटा गया, पहली जूनियर कैटेगरी जिसमें सातवीं क्लास से 10 वीं क्लास तक के स्टूडेंट्स ने पोस्टर बनाए और दूसरी सीनियर कैटेगरी जिसमें 11 वीं क्लास से लेकर कॉलेज स्टूडेंट्स ने पोस्टर बनाए। इस प्रदर्शनी का उद्घाटन एसएमएस

मेडिकल कॉलेज के प्रिंसिपल डॉ. सुधीर भंडारी और मेडिकल अधीक्षक डॉ. एस. मोना ने किया। इस अवसर पर कई स्कूल और कॉलेजों के स्टूडेंट्स प्रदर्शनी देखने आए उनको तंबाकू सेवन करने से होने वाली बीमारियों के बारे में कुछ शॉर्ट फिल्म दिखा कर समझाया गया। डॉ. सुधीर भंडारी ने स्टूडेंट्स और वहाँ मौजूद दर्शकों को तंबाकू सेवन से होने वाली बीमारियों के बारे में बताया। पोस्टरों के विजेताओं को ट्रॉफी और सर्टिफिकेट दिए गए और सभी पार्टिसिपेंट्स को सर्टिफिकेट दिए गए। जूनियर कैटेगरी में पहला स्थान आर्मी पब्लिक स्कूल की कनिष्का ने प्राप्त किया दूसरा हेप्पी पॉइंट स्कूल की नदिनी पारिक ने और तीसरा केंडल बिक स्कूल के यशविन पुनिया ने।

धन्वंतरी में लगेंगे कैंसर अवेयरनेस पोस्टर



सिटी रिपोर्टर • वर्ल्ड नो टोबैको डे के अवसर पर संजीवनी लाइफ बिगॉड कैंसर ने स्टूडेंट्स के लिए पोस्टर मेकिंग प्रतियोगिता आयोजित की। इस प्रतियोगिता में कई स्कूल एवं कॉलेजों के स्टूडेंट्स ने हिस्सा लिया। स्टूडेंट्स ने पोस्टर के द्वारा तंबाकू से होने वाले नुकसान का संदेश बहुत ही रचनात्मक तरीके से दिया। प्रतियोगिता दो श्रेणी में जूनियर सीनियर में करवाई गई। यह प्रतियोगिता एसएमएस अस्पताल के कैंसर विभाग के तत्वाधान में आयोजित की गई है। सारे पोस्टरों को विश्व तंबाकू निषेध दिवस के अवसर पर एसएमएस अस्पताल के कैंसर विभाग धन्वंतरी भवन में 31 मई और 1 जून को प्रदर्शित किया जाएगा।

पोस्टरों के जरिए बताए तंबाकू के दुष्परिणाम

जयपुर. सवाई मानसिंह अस्पताल के रेडिएशन ऑकोलॉजी विभाग की ओर से अस्पताल के धन्वंतरी ब्लॉक में दो दिवसीय पोस्टर प्रदर्शनी शुरू की गई। इसका शुभारंभ कॉलेज प्राचार्य डॉ. सुधीर भंडारी ने किया।

विभागाध्यक्ष डॉ. संदीप जैन ने बताया कि प्रदर्शनी में संजीवनी लाइफ बिगॉड कैंसर संस्था की ओर से दो श्रेणियों में आयोजित पोस्टर प्रतियोगिता में शहर के कई स्कूलों के विद्यार्थियों ने हिस्सा लिया। बाद में प्राचार्य ने तंबाकू से संबंधित संदेश, रचनात्मकता और कला के आधार पर विजेताओं की घोषणा की और पुरस्कार वितरित किए। प्रदर्शनी में तंबाकू एवं धूम्रपान से जुड़ी डॉक्यूमेंट्री और शॉर्ट फिल्म भी दिखाई जा रही है।



प्रदर्शनी का अवलोकन करते चिकित्सक।

राज्य को मिला सम्मान



अभिनव दुःख के साथ युग्म डॉ. सुभाष च

सदबुद्धि यज्ञ

मानसरोवर स्थित सीनियर सिटीजन्त फोरम डे केयर सेंटर पर सदबुद्धि यज्ञ हुआ। इस दौरान लोगों को तंबाकू का सेवन न करने और दूसरों को भी ऐसा करने से रोकने का संकल्प दिलाया।



अभिनव दुःख के साथ युग्म डॉ. सुभाष च

पोस्टर बनाकर विद्यार्थियों ने बताए तंबाकू के नुकसान



जयपुर | लोगों को कैंसर के प्रति जागरूक करने के लिए विद्याधर नगर में विद्यार्थियों ने नई पहल करते हुए तंबाकू के दुष्परिणाम को प्रदर्शित करने वाले पोस्टर तैयार किए। कक्षा 6 से 12 के बच्चों हर्षिता शर्मा, मानसी शर्मा, ऐंजल, हर्ष, कनिष्का सहित अन्य विद्यार्थियों ने पोस्टर के माध्यम से सिगरेट, बीड़ी, गुटखा, खैनी सहित विभिन्न तंबाकू उत्पादों से होने वाली हानियों से सचेत किया। पोस्टर प्रदर्शनी 31 मई को विश्व तंबाकू निषेध दिवस पर एसएमएस हॉस्पिटल में लगाई जाएगी।

KOLKATTA CHAPTER

WORLD NO TOBACCO DAY AT ARANGHATA GODHULI LODGE

The programme started with a drawing competition between 30 students. This was followed by a music performance by Gitabitani Sangastha.

Mr Sujit Kumar Hota, Lion's club president gave a welcome speech and shared his thoughts about Tobacco and Pediatric cancer. Dr. Ashis Mukherjee gave a presentation on tobacco and 2nd hand smoking exposure.

Sanjeevani's Sudip Das gave a presentation on our organization, wellness center and harmful effect of tobacco consumption.

Quiz and Essay competitions were held and winners were given prizes by Mr. Saptorshi Sengupta (Secretary, Lion's Club).

The program ended with a music performance by Gitabitani Sangastha.

Thank you to, Mr. Sujit Kumar Hota, Sri Kallol Banerjee (Panchayet Pradhan), Ms Shikha Biswas (Teacher, Aranghata School), Ms Manashi Biswas (Gram Panchayet Pradhan) and Sh Debasish Tarafder (Teacher) for being present at our event.



WARDHA CHAPTER

POSTER MAKING COMPETITION

Once Josh Billings said, "Health is like money. You never know the value of it until you lost it."

This World No Tobacco Day, Team wardha held an event where relative's of the patients made posters depicting the harmful effects of tobacco usage and a presentation about the same was given. Present were Dr. Ashok, Dr. Deepika, Dr. Manoj, Dr. Mona, Sangita Hude (Social worker) and the relatives of patients.

Hey did you know: According to the World Health Organization, tobacco kills more than 7 million people each year. Over 6 million deaths are a result of direct consumption, whereas 890 000 are the result of passive smoking. Nearly 100 million premature deaths have been recorded in the 20th century and the figure is set to increase to 1 billion by the 21st century.



PUDUCHERRY CHAPTER

AWARENESS PROGRAM AT ST. PETIT SEMINAR SCHOOL

Class 9th and 12th students of the St. Petit Seminar School were present at Sanjeevani's World No Tobacco Day event. Ms Divya Annadurai gave the welcome address and introduced Sanjeevani.

Dr. Banu Prakash made an enlightening presentation to the students about various types of cancer caused by the usage of tobacco. This was followed by play act mime, performed by volunteers from MIT college, about passive smoking and its effects.

At the end the students and teachers took an oath to abstain from using tobacco and the related products.

Hey did you know: There is absolutely no awareness about passive smoking (second-hand smoking) and it being injurious to health like first-hand tobacco smoking.

GOA CHAPTER

The Goa Chapter, on the occasion of 'World No Tobacco Day', May 31st 19, Organised a 'Street Play' to create Awareness on the life threatening issue of Cancer caused by tobacco use in smoking cigarettes, chewing tobacco, and gutka!

This was in association with UZWAAD - The Rays of Hope, an NGO that is socially active in sensitization of society towards various issues!

The Street Play was performed at the Kadamba Bus Stop in Mapusa and at the Dona Paula jetty in North Goa. The play aimed to sensitize the audience gathered in large numbers about the issues related to tobacco use. The play depicted the hazard of smoking in public places and bus stops, which affect not only the user but causes discomfort to public and fellow travelers. Smoking is even a health risk to pregnant women who may have abnormal births or congenital risks. The use of cigarettes by parents in the home cause health risk to the children, and they may be influenced by the bad examples of parents and follow in their footsteps.

Sanjeevani-Life Beyond Cancer presented the members of UZWAAD-The Rays of Hope with a Certificates of Appreciation for their selfless service!





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