

# NEWSLETTER

JUNE 2024

**SANJEEVANI**  
*... life beyond cancer*

PLEASE TAP TO OPEN



## INTERNATIONAL YOGA DAY

*Inhale the future, exhale the past...*



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[www.sanjeevani-lifebeyondcancer.com](http://www.sanjeevani-lifebeyondcancer.com)

# FOUNDER'S MESSAGE



As we celebrated International Yog Day the month of June. I want to take a moment to reflect on the profound impact this ancient practice can have on our lives. Yog is much more than just physical postures; it's a journey of self-discovery that promotes well-being on a physical, mental, and spiritual level.

And thus the ethos, spirit and the practice of Yogic way of life is central to the holistic healing programs that we run with our beneficiaries.

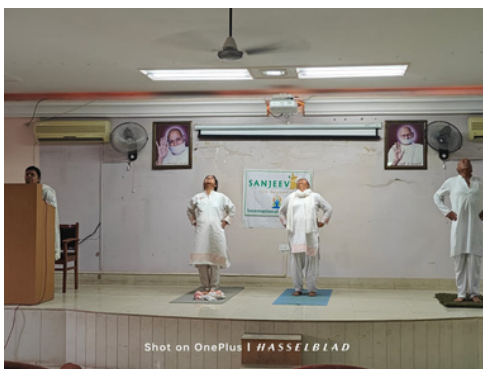
I also take this opportunity to congratulate to the graduates of our 13th Batch of Cansarthi (our Skill Development Program

I am also excited to share the launch of Satori online (holistic healing) sessions in both Kannada and Telugu apart from In Hindi and English). This expansion allows us to reach a wider range of beneficiaries and share the benefits of holistic healing with even more people.

Wishing you all a month filled with peace, well-being, and inner strength.

*Ruby*

# SANJEEVANI...LIFE BEYOND CANCER CELEBRATES INTERNATIONAL YOGA DAY WITH PATIENTS AND SURVIVORS



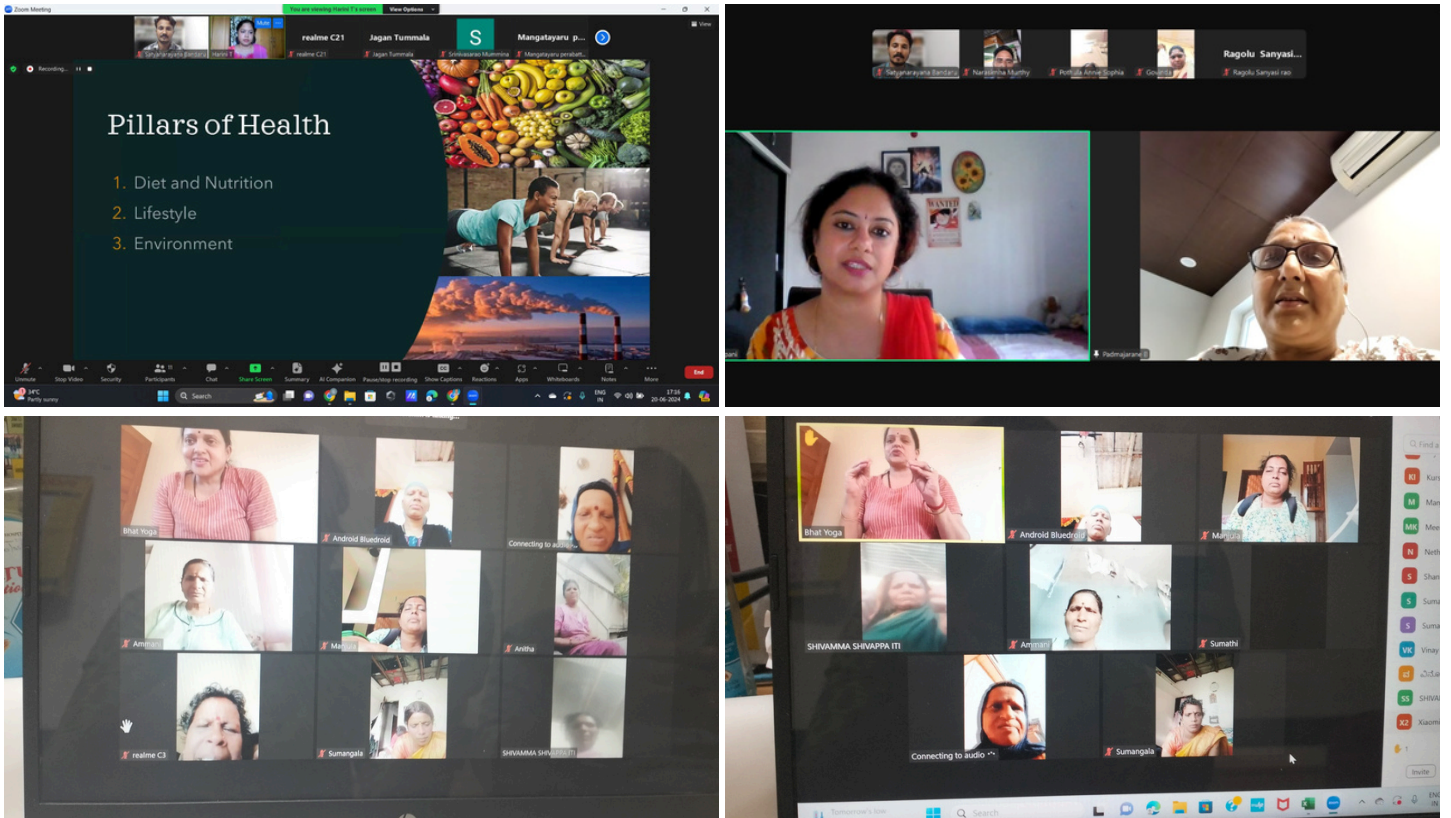
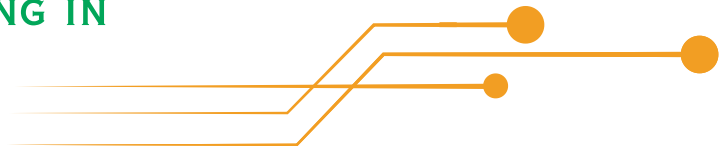
Sanjeevani Life Beyond Cancer marked International Yoga Day with events at all 30 of its centers across India. The focus was on promoting well-being for cancer patients, survivors, and their families.

Yoga instructors led sessions with poses and breathing exercises suitable for all participants. This initiative highlighted the importance of holistic health practices in cancer recovery and building resilience.

The strong participation and enthusiasm showcased the community's commitment to integrating yoga into their daily lives for long-term health and well-being.



# SATORI: EMBRACING HOPE AND HEALING IN KANNADA AND TELUGU!



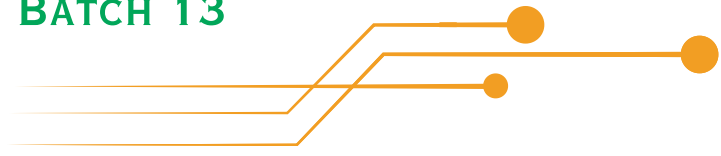
At Sanjeevani Life Beyond Cancer, we understand that cancer's impact transcends languages. That's why we are happy to announce that our empowering Satori sessions are now available in Kannada and Telugu! Satori: Your Gateway to Wholeness

Satori is our signature 4 Day program designed to equip you with the knowledge and tools to navigate your cancer journey with greater strength and resilience. Through a combination of:

Diet and lifestyle guidance | Powerful breathing exercises | Mind-body techniques | Addressing emotional well-being | Satori empowers you to take charge of your healing, both physically and emotionally.

We believe that language shouldn't hinder your access to vital support. By offering Satori sessions in Kannada and Telugu, we aim to create a more inclusive healing space.

## CONVOCATION CEREMONY: CANSAARTHI BATCH 13



We are happy to announce the successful completion of the 13th batch of Cansarthi students, a momentous occasion marking another milestone in our mission to create a pool of network of oncological caregivers across India.

Cansarthi, our skill development and certificate course on oncological caregiving, continues to empower individuals with the knowledge and skills necessary to provide compassionate and effective care to cancer patients. This batch saw a diverse group of dedicated students from all corners of the country, united by their shared commitment to making a difference in the lives of those affected by cancer. We extend our heartfelt congratulations to all the graduates and wish them the very best as they embark on their caregiving journeys. Together, we are building a network of skilled caregivers who will play a crucial role in supporting cancer patients and their families. We extend our heartfelt congratulations to all the graduates and wish them the very best as they embark on their caregiving journeys. Together, we are building a network of skilled caregivers who will play a crucial role in supporting cancer patients and their families.



# CANCHETNA: REACHING NEW HEIGHTS IN THE FIGHT AGAINST CANCER!



We are happy to share that through our CanChetna Program (An Awareness Initiative) we've successfully conducted over 2,000 awareness programs on Cancer Prevention & Healthy Lifestyle/Women Centric Cancers, empowering 2 lakh beneficiaries with knowledge.

Our dedicated team works tirelessly to reach every corner of society, striving to eradicate cancer from our communities.

Together, let's keep spreading awareness and building a healthier future.



| Sl. No | Programs   | Description  | No. of Beneficiaries  |
|--------|------------|--|-----------------------|
| 1      | CanSahyogi | Counseling & Handholding of patients in-Hospital                         | 15971                 |
| 2      | Satori     | Holistic Immunity Building Sessions                                      | 999                   |
| 3      | CanChetna  | Mass Connect Programs to create awareness                                | 928                   |
| 4      | CanAhaar   | Nutritional Support program for underprivileged patients fighting cancer | 1954 Patients Adopted |
| 5      | CanSaarthi | Creating a pool of professionally trained Cancer caregiver               | 14th Batch Ongoing    |